



THE CALANQUES OF MARSEILLE

This national park created in 2012 hosts magnificent Creeks (Calanques) bathed by the crystal clear water of the Mediterranean Sea and rich and authentic flora and fauna!

It is the first peri-urban national park in Europe, both terrestrial and marine, attracting thousands of hikers and visitors a year due to its beauty and its natural wealth.

Take your walking shoes, a bottle of water and sunscreen before taking one or more of the paths in the park to be amazed by its breathtaking landscapes, to swim in amazing beaches, to snorkel and admire the biodiversity underwater or simply to take a breath of fresh air in exotic nature in the heart of the second largest city in France!

On this map we present our most favourites hikes to spend a good time alone or accompanied in an idyllic place. Enjoy!

MAKE SURE TO RESPECT NATURE AND WILDLIFE

Do you like spending a good time in nature, taking a swim, listening to the birds and hiking on this National Park? Make sure everyone gets the chance to do so and, please, take care of nature and wildlife around you.

So, we'd love you to know:



HIKING IDEAS

You were in a rush and you hadn't any time to plan your trip? No worries, we got your six! Here are some hiking trails you can follow, field tested by our most experienced local hikers :)

Marseilleveyre and Goudes' view

This trail, located in the Marseilleveyre area, is one of the most beautiful ones. Get up to the second highest point of Marseille to enjoy a breathtaking 360° view of the city and Les Goudes. Be advised! This path can be difficult if you are not used to hiking. From the last bus stop of bus n°19 take the blue trail to get up to Marseilleveyre's peak, and take the red trail, then the green trail to find your way down.



Sormiou's calanque

Follow this trail to go to Sormiou, one of the biggest Calanques of Marseille. It is quite easy to reach, but make sure to bring a bottle of water, good shoes and sunscreen with you! The sun can be very strong in summer. From the parking located right after the bus stop Les Baumettes, follow the red trail on your right all the way down to Sormiou.



Morgiou's calanque

An easy way to spend half a day at an authentic fishermen port. Here, you'll find a restaurant (credit cards are not accepted) and a nice beach to lie down. From the bus stop Les Baumettes, turn left on the first street (Boulevard Louis Marion) and follow the red trail all the way down to Morgiou.



Sugiton's calanque

Do you have a free afternoon ahead of you? Then, you should go to Sugiton! There you'll find two small rocky beaches to chill and half way to the Calanque you'll be able to take a small detour to the Belvedere (viewpoint) to be amazed by an astonishing view. From the bus stop Luminy PN des Calanques follow the blue trail and then the red dotted one down to Sugiton Calanque. To come back taking another trail, follow the red trail and then the yellow dotted one up back to Luminy campus.



Grande Ranonnée 98

Tired of the city, the pollution and the stress that goes with it? Follow the GR98 trail to go to Cassis. It will take you a full day of hiking but it is completely worth it! Cassis is an authentic Provençal village, full of surprises! Follow the red and white trail all the way.



LES GOUDES
LE BOUT DU MONDE

MARSEILLEVEYRE
LA VUE IMPRENABLE DE MARSEILLE

OBÉLISQUE
DE MAZARGUE

LUMINY
LE CAMPUS

LA GINESTE
POUR ALLER À CASSIS

HOW CAN I GO TO THE CALANQUES?

You are right, the Calanques National Park is THE must-do in Marseille. However, before going there you have to know some important things:

- 1. During high season, the access by car is unauthorised, the only way to get there is hiking.
- 2. Depending on the heat and the wind speed, the park can be COMPLETELY closed, even for hikers. Check the acces flashing the code located below the text.

Quick tip: if ever you cannot / do not want to hike to get to the Calanques, you can book a table at "Le Château" restaurant (Sormiou) or "Le Nautic Bar" (Morgiou) to be able to reach the Calanque by car. Just think of booking it long time in advance.

- 3. On this map you can find our selection of hikes to spend a very nice day surrounded by Marseille's nature enjoying breathtaking views and swimming in crystalline water.

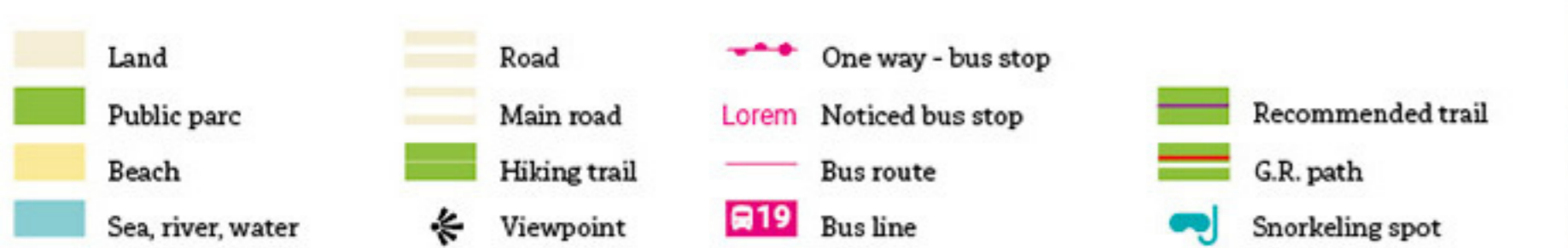
HOW TO GO TO EACH CALANQUE:

Calanque de Marseilleveyre
Take bus 20 at La Madrague de Montredon up to the last stop, called Callelongue. From there, start hiking on the red/black trail for more or less 40 minutes up to the Calanque de Marseilleveyre.

Calanque de Sormiou
Take bus number 22 at Rond Point du Prado, right next to the football stadium (be careful not to take bus 22S) and go up to the last stop, called Les Baumettes. From there keep on walking south for 5 minutes to get to a parking place. Once in the parking place, take the red trail on your right and follow it for 45 minutes down to the Calanque de Sormiou.

Calanque de Morgiou
Take bus number 22 at Rond Point du Prado, right next to the football stadium (be careful not to take bus 22S) and go up to the last stop, called Les Baumettes. From there keep on walking south for 2 minutes to get to the Boulevard Louis Marion where you'll have to turn left to join the red trail. Just follow it for 45 minutes down to the Calanque de Morgiou.

Calanque de Sugiton
Take bus B1 at Castellane station and go up to the stop called Luminy PN des Calanques. From there, start hiking on the blue trail to get to a point where you'll find a path going to your left, another going to your right and another one going straight down. You have to take the one going straight down following the red dotted trail down to the Calanque de Sugiton.



500 meters, 6 minutes by walk

Something is missing? Help us to improve this map! Contact me at nicolas.aune@pushaune.com